

**Foothill Quilters Guild**  
**Discovery Day – Saturday January 8, 2022, 10:00 am – 4:00 pm**

# Quilt Show Binding

**Taught by Carol Vierra**

**Find out what quilt show judges are looking for, and learn how to do it:**

- Binding even width, front and back
- Binding filled with batting
- Mitered corners squared, not rounded
- Hand stitching neat, thread matched to binding fabric, binding covers machine stitches.

**Class supplies:**

- A small quilt, trimmed and ready to bind
- 2-1/2” binding strips cut and joined with diagonal (mitered) stitching\*
- Cutting mat, rotary cutter, scissors
- Sewing machine with needle adjustment
- Walking foot
- Bobbin thread to match quilt backing fabric
- Elmer’s School Glue
- Hand sewing supplies with thread to match binding fabric
- General piecing supplies, such as pins, scissors, stiletto, etc.

**Bonus:** Instructions for Faux Piping Binding

**\*To calculate binding yardage:**

1. Measure the perimeter of trimmed quilt (total inches)
2. Add 10-12 inches to total (allows for overlap needed to join ends)
3. Divide that number by width of fabric (after selvedge removed)
4. Answer is number of strips needed for binding
5. Multiply number of strips by width of binding strips, equals total yardage

**Example:**

Perimeter measurement	100 inches
Additional length	+12 inches
Total length	112 inches
Divided by width of fabric	/40 = 2.8 (3 strips)
Multiply strips by width of binding	3 x 2.5 inches = 7.5 inches (est. 1/4 yard)